

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Terryen Julien

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 200M FREESTYLE MEN					Heat:1, starttime: 09:00
Heat: 1/5 Lane : 5 Athlete: VAN DAELE DAAN					Q-time: 02:00:98
PB (50m pool): 02:00.98 Luxembourg - Kirchberg 15/03/2026 PB (25m pool): 01:59.56 SB: 02:00.98 Luxembourg - Kirchberg 15/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.44	00:57.78	01:29.56	02:00.98	
	00:27.44	00:30.34	00:31.78	00:31.42	
					

Coach feedback:

Event number: 33: 100M BACKSTROKE WOMEN			Heat:9, starttime: 10:04
Heat: 9/10 Lane : 2 Athlete: BEIJNSBERGER MARE			Q-time: 01:05:84
PB (50m pool): 01:05.84 Antwerpen 27/07/2025 PB (25m pool): 01:06.45 SB: 01:06.95 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	
PB	00:31.27	01:05.84	
	00:31.27	00:34.57	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN			Heat:4, starttime: 10:41
Heat: 4/8 Lane : 5 Athlete: VAN DAELE DAAN			Q-time: 01:03:55
PB (50m pool): 01:03.55 Luxembourg - Kirchberg 15/03/2026 PB (25m pool): 01:01.73 SB: 01:03.55 Luxembourg - Kirchberg 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:30.99	01:03.55	
	00:30.99	00:32.56	
			

Coach feedback:

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Event number: 37: 50M FREESTYLE WOMEN		Heat:7, starttime: 10:58
Heat: 7/9 Lane : 8 Athlete: BEIJNSBERGER MARE		Q-time: 00:27:21
PB (50m pool): 00:27.21 Antwerpen 27/07/2025		PB (25m pool): 00:29.56 SB: 00:27.90 Antwerpen 22/03/2026
	5 0 M	
PB	00:27.21	
	00:27.21	
		

Coach feedback: